Gym Rules

GYM HOURS: 7:00AM TO 9:00PM

NO CHILDREN UNDER 18 PERMITTED

NO FOOD OR DRINK PERMITTED

USE OF EQUIPMENT IS AT YOUR OWN RISK

USE EQUIPMENT YOU KNOW HOW TO USE

SNEAKERS ONLY – NO FLIP FLOPS OR SHOES

PROPER GYM ATTIRE - NO BATHING SUITS

24 HOUR VIDEO CAMERAS IN USE